## Vail Lacrosse Shootout Lightning Protocol

The medical staff for the Vail Lacrosse Shootout will be on watch for lightning. We will use a flash to boom method to determine when to clear the fields. We will use 30 seconds as a guideline to clear fields. This means that if we see lightning and hear thunder within 30 seconds we will ask that the field and spectators be cleared. The game will resume after 30 minutes has passed <u>after</u> the last lightning strike (given that the thunder occurred 30 seconds or more after the last strike).

In case a storm develops while the tournament is in progress, please follow these steps:

- 1. Game will be stopped.
- 2. Put down metal sticks.
- 3. Spread out as you move to a safe area. In most cases it will be your vehicle.
- 4. Stay away from metal fences, isolated trees, telephone poles, or other tall objects.
- 5. If you feel your hair stand on end it means lightening is about to strike nearby. Drop to a squatting position and cover your ears. DO NOT lie flat on the ground.
- 6. The Shootout staff will notify players, coaches, officials, and fans when it is safe to return to the field(s).

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